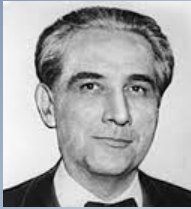


# Management of antithrombotic associated bleeding

Dr Karen Breen

Consultant Haematologist  
Guys and St Thomas' NHS Foundation Trust

# History of anticoagulant therapy



Anticoagulant in spoiled sweet clover (K.P. Link)

First clinical use of 4-hydroxycoumarin



Warfarin mechanism elucidated (J. Suttie)

Warfarin dosing/INR

Warfarin clinical trials

**Oral thrombin and Xa inhibitors**

1910

1920

1930

1940

1950

1960

1970

1980

1990

2000

2010

Heparin discovered by medical student (McLean)

Clinical use of heparin

Requirement for plasma cofactor discovered (K. Brinkhous)

Cont infusion of heparin; aPTT monitoring

LMWH (J. Hirsch)

LMWH trials

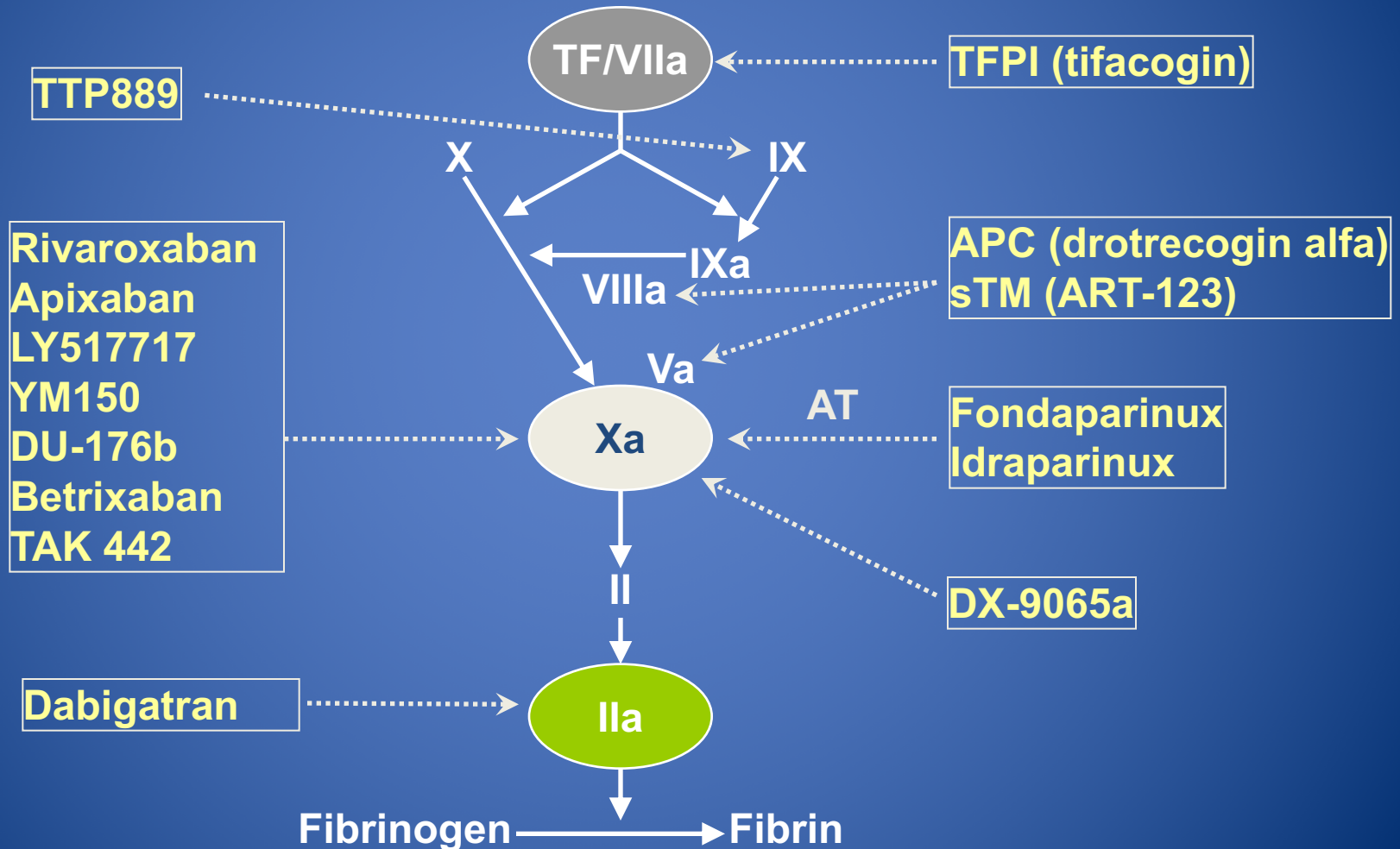
Fondaparinux trials



# Anticoagulants

**ORAL**

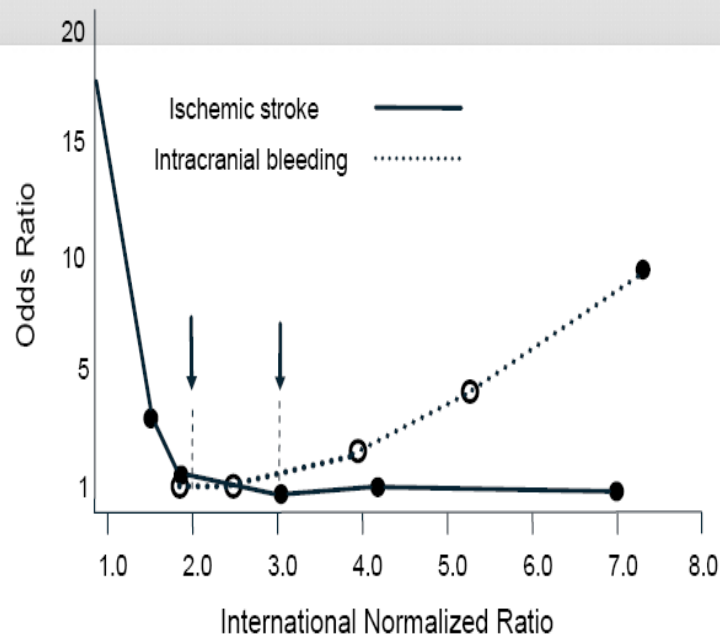
**PARENTERAL**



Adapted from Weitz & Bates, *J Thromb Haemost* 2007

# Prevention of Atrial Fibrillation-Related Stroke

## Need for Intense Monitoring With OAC

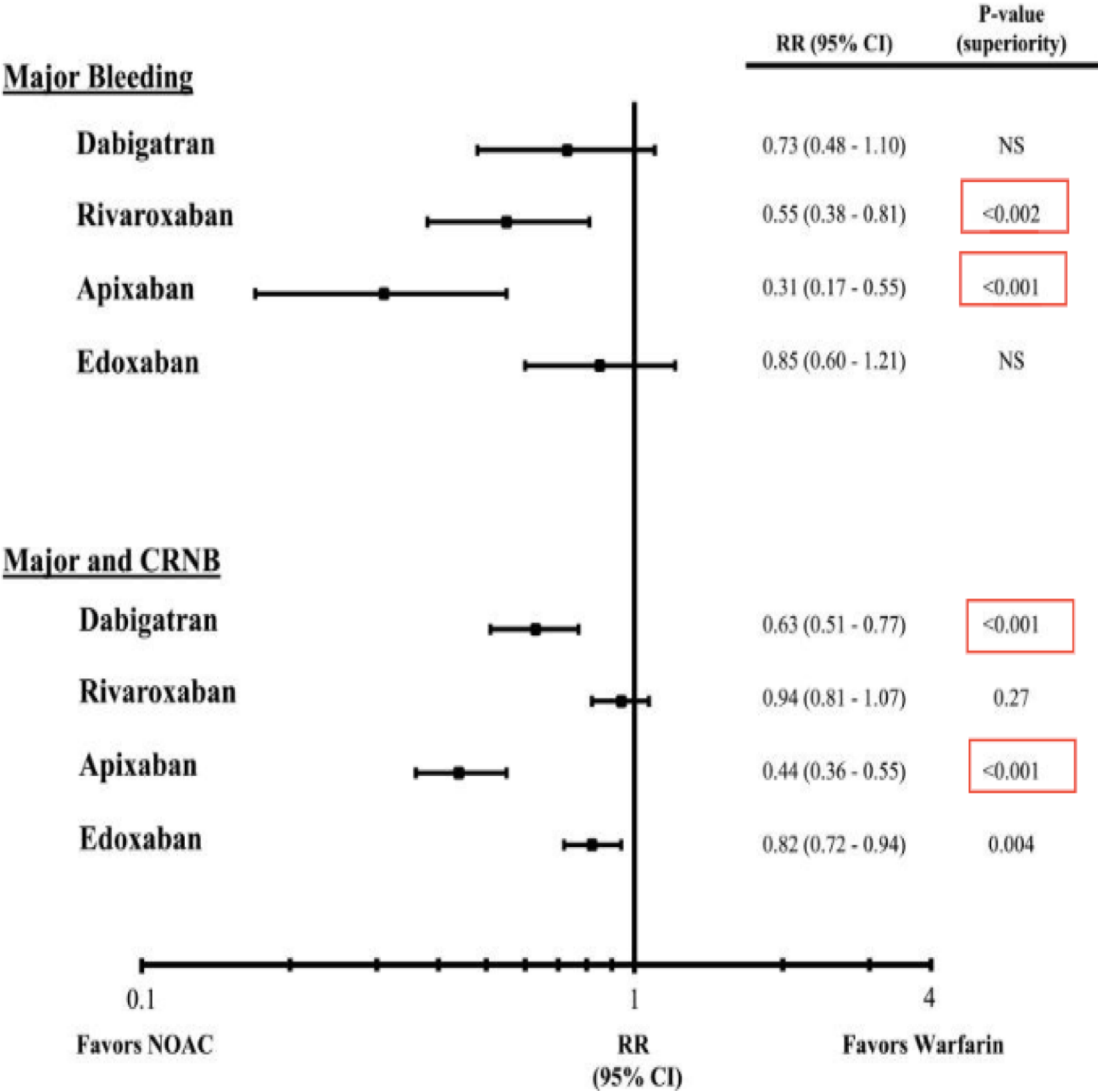


Narrow therapeutic index: INR < 2.0 = higher risk for stroke

INR > 3.0 = higher risk for bleeding

Unpredictable INR (food/drug interactions, low specificity)

**Hazard ratios (HR) for major bleeding or major plus clinically relevant nonmajor bleeding (CRNB) in phase 3 trials comparing NOACs with conventional therapy for acute VTE treatment**



**These DOACs have never been compared directly with each other**

# "Dramatic" Increase In Bleeding Accompanies Addition Of Oral Anticoagulant Therapy In ACS



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## CORRESPONDENCE

### Bleeding Risk with Dabigatran in the Frail Elderly

N Engl J Med 2012; 366:864-866 | March 1, 2012 | DOI: 10.1056/NEJMc1112874

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Article

Citing Articles (46)

#### To the Editor:

Since July 1, 2011, the thrombin inhibitor dabigatran has been available in New Zealand for stroke prevention in patients with atrial fibrillation. There are no restrictions on prescribing, and access is free to patients through government funding. Approximately 7000 patients started treatment in the first 2 months.

# Actual bleeding rates

- FDA Drug Safety Communication  
Safety review of post-market reports of serious bleeding events with the anticoagulant Pradaxa (dabigatran etexilate mesylate)
- European Medicines Agency

# Real World Studies / Data

Phase 4 trials

Registries

Post Authorisation safety/efficacy studies

Prospective/Retrospective Observational studies

Pharmco-economic studies



How well does the drug perform in the real world ?

Outcomes as expected from clinical trials ?

Is the drug being used as recommended ?

Eg indications, dose, duration

Compliance issues ?

Improved QOL ?

Healthcare costs ?

Real-life studies have their inherent weaknesses :

- non-controlled and heterogeneous patient groups
- Physicians' prescribing bias in dosing and choice of patients
- uncontrolled influence of non-compliance, other concomitant medications and co-morbidities

**BUT provide a wealth of data and insight into how DOACs are used in the real world**



# Management of bleeding

- Best Strategy – PREVENT bleeds
- Know your Drug and Bleeding risks;
  - Patient selection
  - Dose adjustment
- Know what to do when bleeding occurs

# Bleeding risk scores

<b>CHA<sub>2</sub>DS<sub>2</sub>-VASc</b>	<b>Score</b>	<b>HAS-BLED</b>	<b>Score</b>
<u>C</u> ongestive heart failure/LV dysfunction	1	Hypertension i.e. uncontrolled BP	1
<u>H</u> ypertension	1	Abnormal renal/liver function	1 or 2
<u>A</u> ged ≥75 years	2	Stroke	1
<u>D</u> iabetes mellitus	1	Bleeding tendency or predisposition	1
<u>S</u> troke/TIA/TE	2	Labile INR	1
<u>V</u> ascular disease [prior MI, PAD, or aortic plaque]	1	Age (e.g. >65)	1
<u>A</u> ged 65-74 years	1	Drugs (e.g. concomitant aspirin or NSAIDs) or alcohol	1
<u>S</u> ex category [i.e. female gender]	1		

# Assessing bleeding risk

- Older patients have a 2-fold increased risk of bleeding
  - relative risk of intracranial hemorrhage was 2.5 in patients aged >85 years compared with patients 70–74 years old<sup>1</sup>
- Comorbidity (such as mild renal insufficiency, hepatic dysfunction, or diabetes) increased risk of bleeding by about 2.5
- Combined use of anticoagulant and antiplatelets – increased GI haemorrhage<sup>2</sup>

1. Hutton et al, Drugs aging, 1999

2. Hallas et al. BMJ. 2006;

# Which one?



## Choosing an anticoagulant

Consideration	Preferred drug	Rather than
CrCL < 15 ml/min	Warfarin	
CrCL 15 - 29 ml/min	Warfarin	Apixaban, rivaroxaban, edoxaban
CrCL 30 - 50 ml/min	Warfarin, rivaroxaban, apixaban, edoxaban	Dabigatran
Liver dysfunction	Warfarin	Apixaban, rivaroxaban, dabigatran
Previous intracranial bleed	Apixaban, rivaroxaban, edoxaban, dabigatran	Warfarin
Previous GI bleed	Apixaban, edoxaban, warfarin	Dabigatran, rivaroxaban
ACS	Rivaroxaban, apixaban, edoxaban, warfarin	Dabigatran
Dyspepsia	Rivaroxaban, apixaban, edoxaban, warfarin	Dabigatran
Poor compliance	Warfarin	Apixaban, rivaroxaban, edoxaban, dabigatran

# Drug interactions

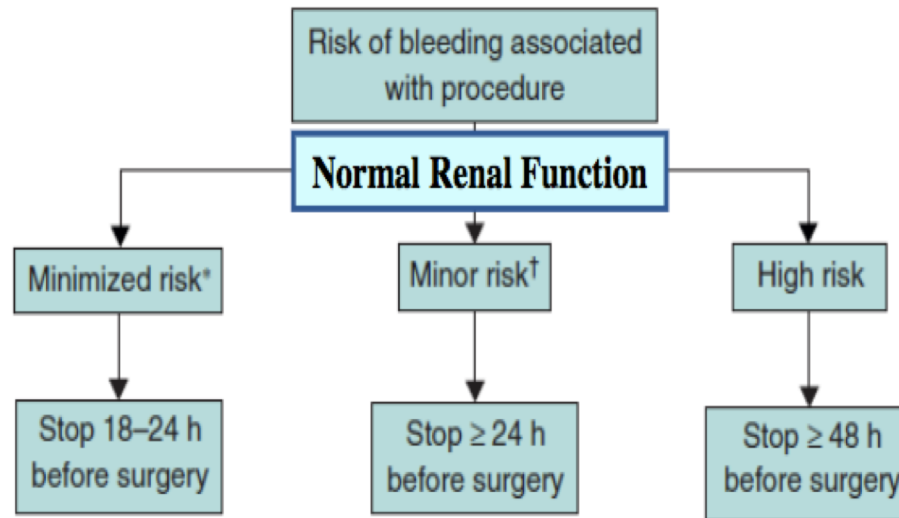
- **Dabigatran** - verapamil and amiodarone: increased plasma concentration of dabigatran
  - carbamazepine and rifampicin: decreased plasma concentration of dabigatran
- **Rivaroxaban** - CYP3A4 inhibitors e.g. azoles, rifampicin and P-glycoprotein inhibitors e.g. Digoxin, Ritonavir: may increase plasma concentration
- **Apixaban** - as Rivaroxaban
- **Edoxaban** - as Rivaroxaban

# Switching to a DOAC

<b>Conversion</b>	<b>Start times recommenced</b>
<b>From VKAs to NOAC</b>	Discontinue VKA and start DOAC when INR<2
<b>From NOAC to parenteral</b>	Start parenteral anticoagulant 12 h after last dose of DOAC
<b>From parenteral to NOAC</b>	Start DOAC at the same time or up to 2 hours before the next s/c dose. For continuous infusions, start DOAC at the time of discontinuation of the continuous infusion.
<b>From NOAC to VKAs</b>	Start times for VKAs are based on renal function

# Peri-surgery Management of DOACs

Check Renal Function before surgery



Creatinine clearance (ml/min)	Risk of bleeding	Suggested interruption (h)		
		Rivaroxaban	Apixaban	Dabigatran
≥ 80	Low	≥ 24	≥ 24	≥ 24
	High	≥ 48	≥ 48	≥ 48
50–79	Low	≥ 24	≥ 24	≥ 36
	High	≥ 48	≥ 48	≥ 72
30–49	Low	≥ 24	≥ 24	≥ 48
	High	≥ 48	≥ 48	≥ 96
15–29	Low	≥ 36	≥ 36	Not indicated
	High	≥ 48	≥ 48	Not indicated
< 15		No indication for any agent		

# Effects of DOACs on coagulation assays

## Measuring the anticoagulant effect of NOACs

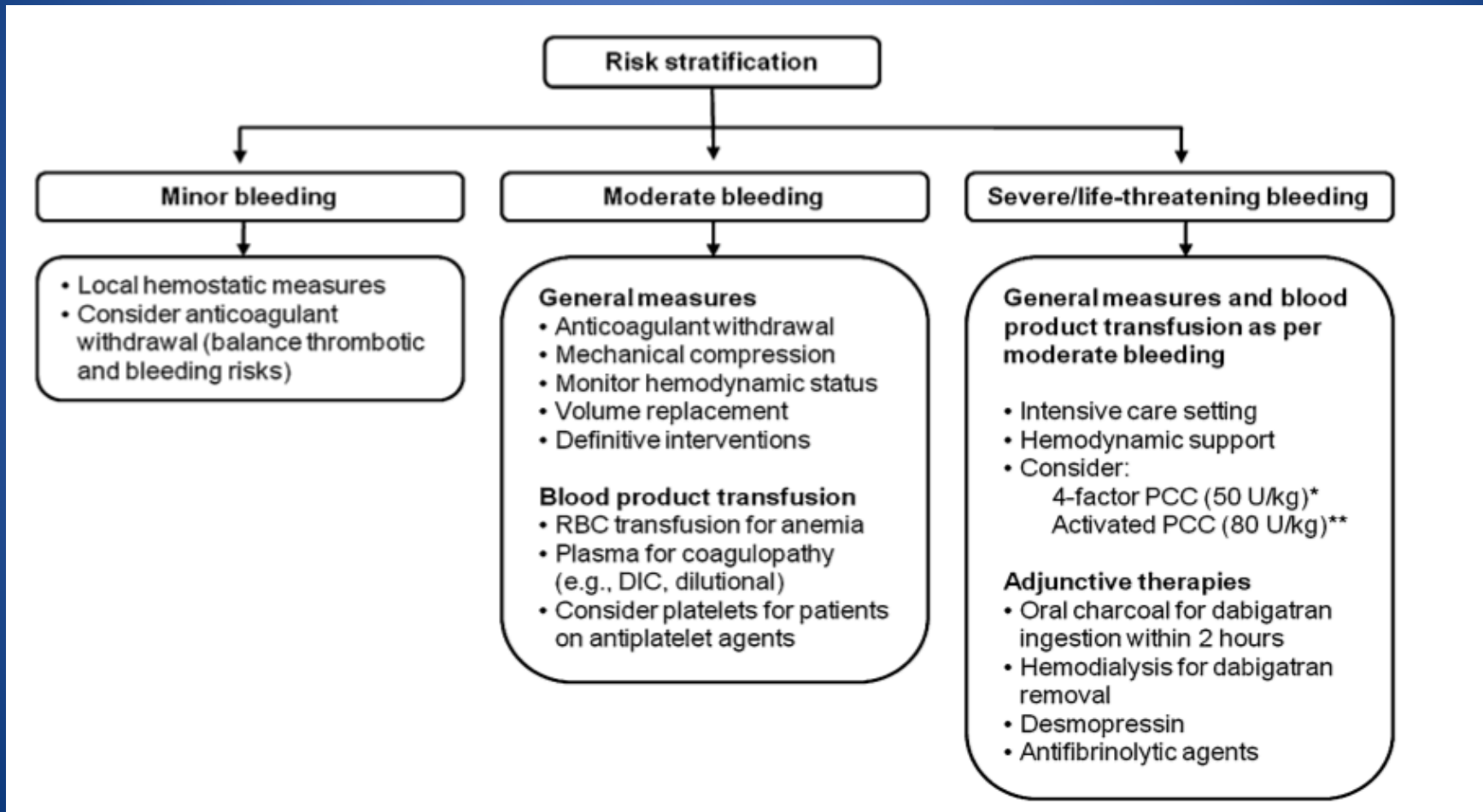
	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Plasma peak	2h after ingestion	1-4h post ingestion	1-2h after ingestion	2-4h after ingestion
Plasma trough	12-24h after ingestion	12-24h after ingestion	12-24h after ingestion	16-24h after ingestion
PT	cannot be used	cannot be used	prolonged but no known relation with bleeding risk	prolonged: may indicate excess bleeding risk but local calibration required
INR	cannot be used	cannot be used	cannot be used	cannot be used
aPTT	at trough >2x ULN suggests excess bleeding risk	cannot be used	prolonged but no known relation with bleeding risk	cannot be used
dTT	At trough >200ng/ml ≥ 65s: excess bleeding risk	cannot be used	cannot be used	cannot be used
Anti-FXa assays	n/a	no data yet	quantitative; no data on threshold values for bleeding or thrombosis	quantitative; no data on threshold values for bleeding or thrombosis
Ecarin clotting time	at trough >2x ULN: excess bleeding risk	not affected; cannot be used	not affected; cannot be used	not affected; cannot be used

[www.escardio.org/EHRA](http://www.escardio.org/EHRA)

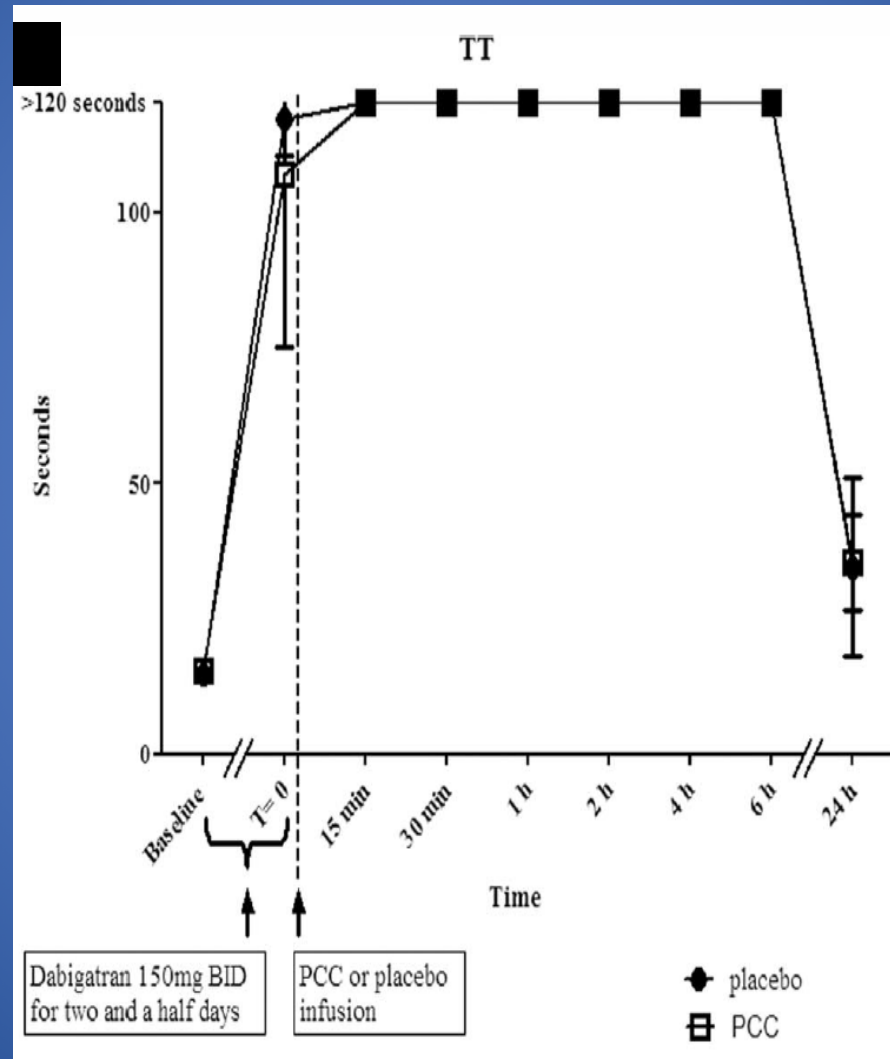




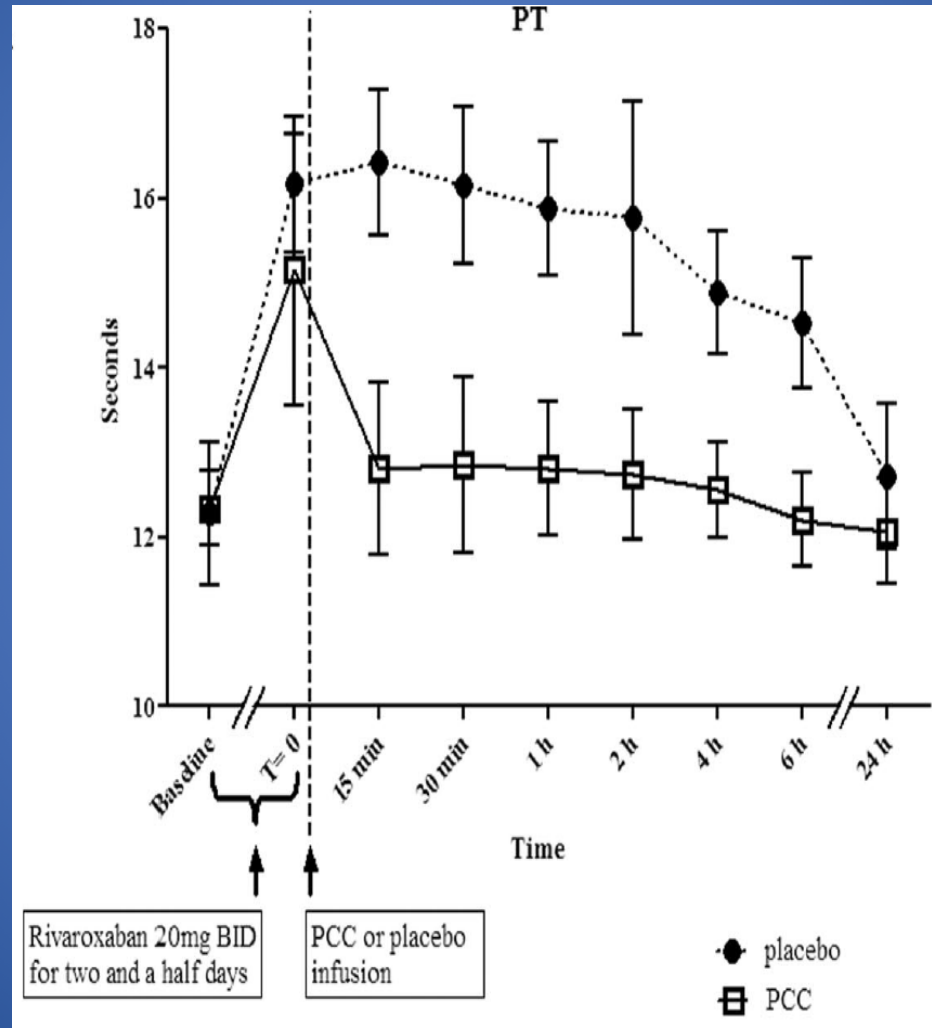
# Management of bleeding



# No reversal of the anticoagulant effect of dabigatran by prothrombin complex concentrate



# Reversal of the anticoagulant effect of rivaroxaban by prothrombin complex concentrate



# Reversal of unfractionated heparin

- Stop the drug
- General measures
- Protamine sulphate (1 mg per 80–100 units UFH)
- Maximum recommended dose of 50 mg protamine
- Timing

# Reversal of low molecular weight heparin

- Protamine sulphate (1 mg per 80–100 units UFH)
  - consider second dose
- Maximum recommended dose of 50 mg protamine
- Timing
- rFVIIa

# Reversal of argatroban/danaparoid/fondaparinux

- Stop the drug
- General measures
- No specific antidote

# Reversal of VKA

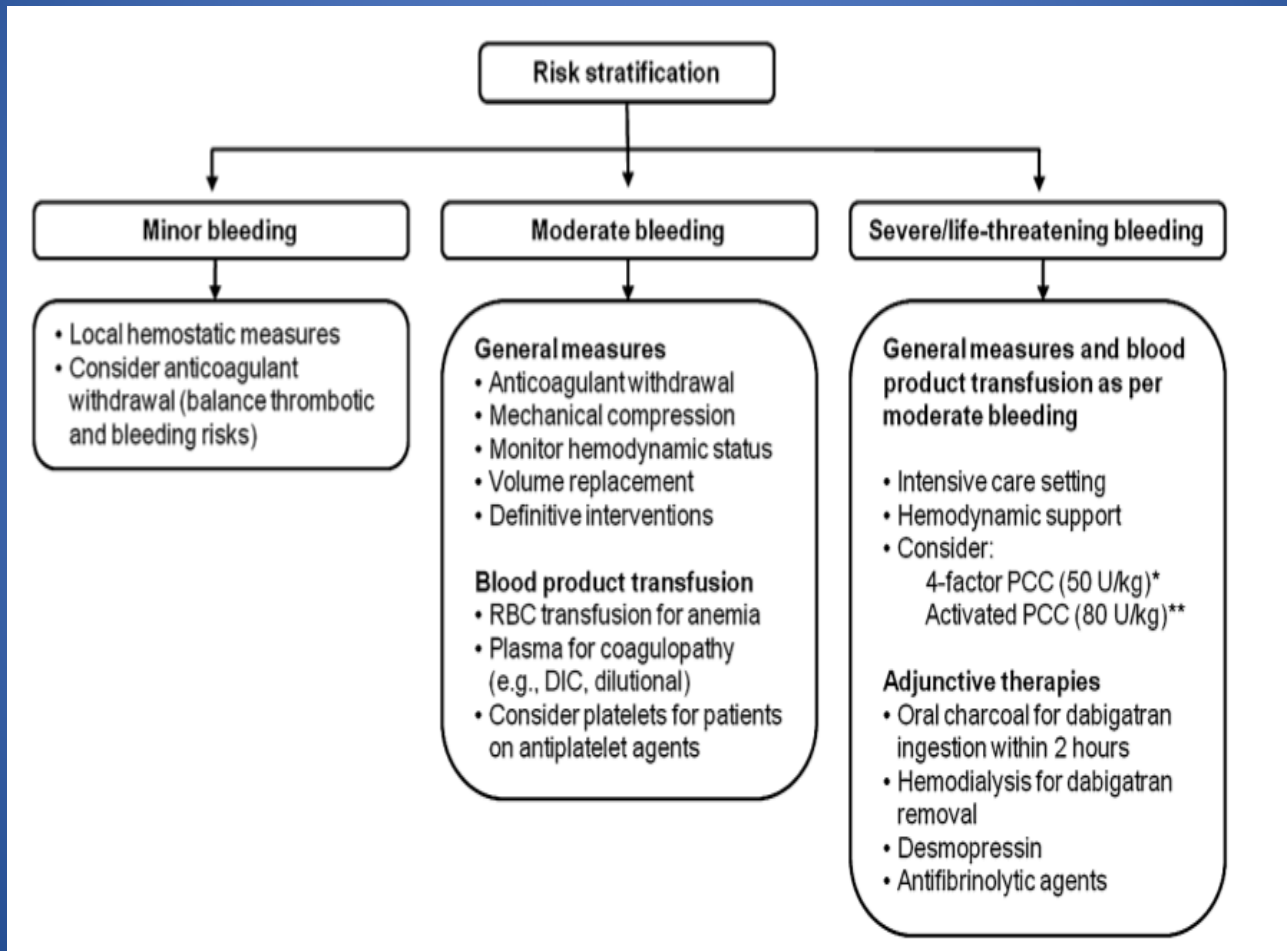
## Major bleeding

- 25-50 units of 4 factor PCC
- 5mg Vitamin K IV

## Non-major bleeding

- Consider 4 factor PCC
- Vitamin K 1-3mg IV

# Reversal of DOACs





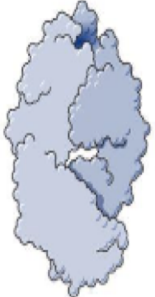



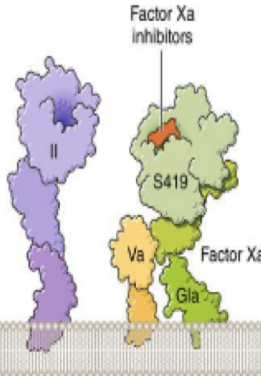
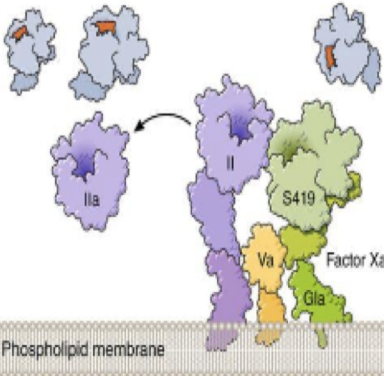
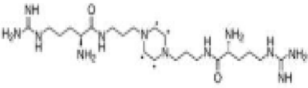
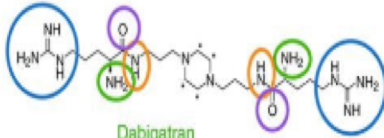
# Development of antidotes to non vitamin K antagonist oral anticoagulants

	Target	Mechanism of action	Investigation status
<b>Idarucizumab</b>	Dabigatran	Humanized Fab: specifically binds dabigatran (binding affinity $\sim 350 \times$ higher than binding of dabigatran to thrombin)	Bleeding patients and surgical patients <sup>2</sup>
<b>Andexanet alfa (PRT064445)</b>	FXa inhibitors	Recombinant human FXa variant: competitive affinity for direct FXa inhibitors	Healthy volunteers <sup>3,4</sup>
<b>Aripazine (PER977)</b>	Universal	Synthetic small molecule: charge–charge interactions (heparin); hydrogen bonds (NOACs)	Phase I <sup>5</sup>

3. Clinicaltrials.gov: NCT02220725;

4. Clinicaltrials.gov: NCT02207725;

5. <http://www.perosphere.com/content/news/httpwww.perosphere.comcontentnewsreleases042513.htm> accessed January 2015

NOAC reversal agent	Target	Mechanism
 <p>Idarucizumab</p>	 <p>Dabigatran</p>	 <p>Idarucizumab binds Dabigatran with high affinity</p>
 <p>A419 Andexanet alpha</p>	 <p>Factor Xa inhibitors S419 Va Gla Factor Xa Phospholipid membrane</p>	 <p>IIa S419 Va Gla Factor Xa Phospholipid membrane</p>
 <p>Ciraparantag (PER977)</p>	<p>Apixaban Argatroban Edoxaban Dabigatran Rivaroxaban UFH LMWH Fondaparinux</p>	 <p>Dabigatran Edoxaban Dabigatran Rivaroxaban Apixaban Argatroban Rivaroxaban UFH/LMWH UFH/LMWH UFH/LMWH Edoxaban Fondaparinux Fondaparinux Fondaparinux Apixaban</p> <p>Computer-aided energy minimization modeling predicts 8 non-covalent binding sites on ciraparantag for NOACs or heparins</p>

**Idarucizumab** (Dabi-Fab) is a humanized Ab fragment that binds to dabigatran, preventing it from binding to thrombin and neutralizing its anticoagulant effect.

**Andexanet alfa** (And-a) is a modified inactive recombinant FXa that binds circulating FXa inhibitors, allowing native FXa to convert prothrombin to thrombin and restore the coagulation cascade.

**Ciraparantag** - small synthetic molecule that competitively binds the NOACs, restoring activity of blocked coagulation factors.

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Idarucizumab for Dabigatran Reversal

Charles V. Pollack, Jr., M.D., Paul A. Reilly, Ph.D., John Eikelboom, M.B., B.S.,  
Stephan Glund, Ph.D., Peter Verhamme, M.D., Richard A. Bernstein, M.D., Ph.D.,  
Robert Dubiel, Pharm.D., Menno V. Huisman, M.D., Ph.D., Elaine M. Hylek, M.D.,  
Pieter W. Kamphuisen, M.D., Ph.D., Jörg Kreuzer, M.D., Jerrold H. Levy, M.D.,  
Frank W. Sellke, M.D., Joachim Stangier, Ph.D., Thorsten Steiner, M.D., M.M.E.,  
Bushi Wang, Ph.D., Chak-Wah Kam, M.D., and Jeffrey I. Weitz, M.D.

# News Release

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U.S. FDA Approves Portola Pharmaceuticals' Andexxa®, First and Only Antidote for the Reversal of Factor Xa Inhibitors

*- Breakthrough Product is a Major Advance in the Treatment of Patients Hospitalized with Life-Threatening Bleeding -*

*- Company to Host Conference Call on Friday, May 4, 2018 at 8:30 a.m. ET -*

# Reversal of anti-platelet associated bleeding

- Stop the drug
- General measures
  
- Consider platelet transfusion

# Management of bleeding with anti-fibrinolytics

- Stop infusion of fibrinolytic drugs and other antithrombotic drugs
- Administer intravenous tranexamic acid 1 g tds
- Administer cryoprecipitate or fibrinogen concentrate

# Conclusion

- Prevention is better than cure
- Management guided by severity of bleed and encompasses drug cessation, general measures and drug specific measures
- Bleeding rates likely to become less of a concern in future with DOACs

# Any questions?

